

ANDREA G. BATTON, LCPC
The Maryland Anxiety Center
1122 Kenilworth Drive, Suite 313A
Towson, Maryland 21204
Phone: 443-921-2929
Fax: 443-921-2919
www.marylandanxietycenter.com

SUMMARY OF QUALIFICATIONS

Licensed Clinical Professional Counselor and Board Certified Supervisor specializing in the treatment of anxiety and obsessive-compulsive & related disorders with expertise in training new clinicians, graduate and undergraduate interns

EDUCATION

Post Graduate Studies in Counseling (12cr.) Johns Hopkins University, Baltimore, Maryland	December 2007
Master of Science in Counseling Johns Hopkins University, Baltimore, Maryland	May 2006
Master of Arts in Legal and Ethical Studies University of Baltimore, Baltimore, MD	May 2000
Bachelor of Science in Pre-Law Villa Julie College, Stevenson, Maryland	December 1991
Associate in Arts in Paralegal Studies Villa Julie College, Stevenson, Maryland	May 1985

PROFESSIONAL EXPERIENCE

Director & Practicing Clinician The Maryland Anxiety Center Towson, Maryland	February 2015- Present
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- Specialize in the treatment of anxiety & related disorders from a cognitive behavioral perspective including comprehensive psychological assessment & diagnostic evaluation
- Supervise, train and mentor clinicians and students regarding professional development, evidenced-based treatment protocols and the nature of anxiety and related disorders
- Provide individual, in vivo, group and intensive therapy for anxiety disorders, OCD & OC spectrum disorders such as body dysmorphic disorder, hoarding disorder, Tourette syndrome, trichotillomania & excoriation (skin picking) disorder

- Participate in on-going professional development, continuing education and advanced professional training
- Promote awareness & education about anxiety & related disorders to professionals, students, sufferers, family members, friends, loved ones & the general public
- Active in regular peer case consultations, career development, advanced continuing education, case collaboration & networking with professional colleagues

**Board Approved Supervisor
State of Maryland**

May 2016

- Maryland State Board of Professional Counselors and Therapists approved supervisor in the practice of clinical professional counseling
- Provide clinical & professional supervision and training for licensed graduate professional counselors and graduate level interns in the State of Maryland

**Clinical Associate
CBT Solutions of Baltimore
Lutherville, Maryland**

**February 2011-
February 2015**

- Provided individual, in vivo, group and intensive therapy at private group practice specializing in the treatment of anxiety and OC spectrum disorders from a cognitive behavioral perspective
- Provided education regarding anxiety disorders and OC spectrum disorder
- Participated in on-going professional development and advanced trainings in the area of anxiety, OC spectrum and related disorders
- Designed and implemented group treatment programs
- Provided supervision and participated in weekly case consultations

**Post-Graduate Fellow
The Behavior Therapy Center of Greater
Washington, Silver Spring, Maryland**

**September 2008-
February 2011**

- Provided individual, in vivo, group and intensive therapy at nationally recognized private group practice specializing in the treatment of anxiety disorders from cognitive behavioral perspective
- Specialized in the treatment of OCD and compulsive hoarding
- Participated in education of compulsive hoarding
- Received weekly continuing education opportunities to learn cognitive behavioral principles and techniques for a variety of clinical disorders
- Attended weekly individual and group supervisions
- Attended weekly staff meetings and case consultations to discuss and review difficult cases
- Participated in on-going professional development and training
- Provided CE presentations for clinicians and staff

**Psychotherapist/Intern
Key Point Health Services
Dundalk, Maryland**

**August 2005-
April 2006**

- Provided individual and group psychotherapy at the Outpatient Mental Health Center as part of graduate program at Johns Hopkins University
- Managed a caseload of 10-12 clients with chronic mental illness
- Performed psychosocial assessments, crisis management, risk assessment, treatment planning, progress notes and authorization requests
- Co-led psychotherapy group for patients attending Key Point's residential and psychiatric rehabilitation programs
- Participated in interdisciplinary team meetings with patients psychiatric rehabilitation and residential counselors to review patient progress
- Attended weekly individual and group supervision meetings to review and discuss cases
- Attended weekly staff meetings to discuss administrative procedures and issues
- Attended psychiatric team meetings to discuss difficult cases
- Collaborated with psychiatrist to monitor medication effects

AFFILIATIONS

**American Counseling Association
Anxiety and Depression Association of America
Association for Behavioral and Cognitive Therapies (ABCT)
Board member International OCD Foundation Mid-Atlantic Affiliate
International OCD Foundation (IOCDF)
International Society for Traumatic Stress Studies (ISTSS)
Licensed Clinical Professional Counselors of Maryland (LCPCM)
Tourette Syndrome Association
Trichotillomania Learning Center**

PROFESSIONAL DEVELOPMENT

Clinical Treatment Options, Expert Panels Conference **2016**
Served on professional panel to review & provide expert feedback regarding clinical content for the website of the Substance Abuse & Mental Health Services Administration (SAMHSA), branch of the United States Department of Health & Human Services.

Licensed Clinical Professional Counselors of Maryland **2016**
Completed 3 day intensive supervision training program for Approved Supervisor certification in the state of Maryland

Association for Behavioral & Cognitive Therapies Attended annual conference	2009, 2013, 2014
Advanced Behavior Therapy Training Institute Attended advanced training program regarding the treatment of hoarding disorder	2013
Advanced Behavior Therapy Institute (ABTI) Attended advanced training program addressing the treatment of body dysmorphic disorder	2011
Trichotillomania Learning Center Virtual Professional Training Institute Completed a DVD training in the treatment of body-focused repetitive behaviors	2011
Continuing Education at BTC Attended regular in-house APA approved continuing education presentations	September 2008- February 2011
International OCD Foundation Annual Conference (IOCDF) Monitor and attend annual conferences	2008, 2009, 2010, 2011, 2012, 2013, 2014, 2015 & 2016
World Congress for Behavioral and Cognitive Therapies Attended intensive training workshops for the treatment of OCD, BDD and emotional disorders	2010
Advanced Behavior Therapy Institute (ABTI) Attended training program addressing the use of Acceptance and Commitment Therapy (ACT) in the treatment of OCD	2009
Advanced Behavior Therapy Institute (ABTI) Attended training program addressing the need for “Completeness” in the treatment of OCD	2008
Anxiety Disorders Association of America National Conference Monitored & attended seminars and workshops at annual conference	1997, 2010, 2011, 2012, 2013, 2014 & 2015
Behavior Therapy Training Institute (BTTI) Graduate Attended and graduated from 3 day intensive training program in State-of-the-Art CBT for OCD and OC spectrum disorders	2008

PRESENTATIONS

Underneath It All: Understanding the Nature of Hoarding Disorder

August 2017

Psychoeducational presentation regarding the nature and treatment of hoarding for sufferers, their friends and family, professionals, organizers & therapists

Obsessive-Compulsive Disorder

May 2017

Presentation for medical & psychiatric professionals on the nature & treatment of obsessive-compulsive disorder

Understanding OCD Mid-Atlantic: An Evening of Presentations and Break-Out Groups

March 2017

Presented on Contamination OCD on IOCDF Affiliate expert panel

Managing Anxiety Problems in Youth: Interventions for School Professionals

March 2017

Presentation and workshop for school counselors, school psychologists

Understanding the Nature and Treatment of Anxiety Disorders

November 2016

Psychoeducational presentation at Johns Hopkins University for graduate level honor society students

Anxiety Problems in Youth

October 2016

Psychoeducational presentation regarding the nature and treatment of anxiety disorders in youth for parents, counselors and teachers at local elementary school

Anxiety Problems in Youth: Understanding the Nature & Consequences of Anxiety & Making a Difference

September 2016

Series of psychoeducational presentations for parents, teachers, school counselors & psychology students regarding the nature & consequences of anxiety problems in youth

Life Interrupted: Understanding the Nature of Anxiety & Related Disorders

July 2016

Psychoeducational presentation regarding the nature of anxiety, obsessive compulsive spectrum disorders, tic disorders & body focused repetitive behaviors.

<p>OCD Mid-Atlantic: OCD & the Family: Breakout Sessions with Experts</p> <p>Hosted and presented on OCD and comorbidity as part of an OCD Mid-Atlantic (a local affiliate of IOCDF) event for sufferers, family & mental health professionals</p>	<p>March 2016</p>
<p>Anxiety Disorders in Youth</p> <p>Completed 2 continuing education presentations for Baltimore County school counselors on the nature and treatment of anxiety disorders in youth</p>	<p>January 2016</p>
<p>Hoarding Disorder</p> <p>Presentation for medical & psychiatric professionals on the nature & treatment of hoarding disorder</p>	<p>August 2015</p>
<p>Anxiety Problems in Youth</p> <p>Presentation for educators and parents at Wright Academics regarding anxiety disorders, perfectionism and test anxiety in youth</p>	<p>May 2015</p>
<p>Is Your Patient Treatment Resistant or is it You? What to Do When Your Patient Doesn't Respond to Treatment Specific Protocols for Anxiety & Related Disorders</p> <p>Continuing education presentation for clinicians at ADAA Annual Conference regarding incorporating techniques & skills from non-traditional CBT protocols for optimal treatment gains</p>	<p>April 2015</p>
<p>OCD Mid-Atlantic: An Evening with the Experts</p> <p>Emcee/Host for event intended for sufferers, family, professionals, students & those interested in better understanding OCD</p>	<p>June 2014</p>
<p>Underneath it All: On the Nature & Treatment of Hoarding Disorder</p> <p>Presentation designed to communicate information on the nature & treatment of hoarding disorder</p>	<p>April 2013</p>
<p>Anxiety Disorders in Youth</p> <p>Continuing education presentation for Baltimore County school counselors at BCPS Summer Academy</p>	<p>June 2011</p>
<p>A Unified Protocol for Transdiagnostic Treatment of Emotional Disorders</p> <p>APA approved continuing education presentation at The Behavior Therapy Center of Greater Washington</p>	<p>October 2010</p>

ARTICLES

**The Nature of Anxiety
The Behavior Therapy Center of Greater
Washington Quarterly**

Spring 2011

**Book Review: *Buried in Treasures*
The Behavior Therapy Center of Greater
Washington Quarterly**

Fall 2010

MEDIA

**Television & Print Interview; Valcourt, D. (February 2012), Local Woman
Shares Her Past As A Hoarder With WJZ (CBS Affiliate).**

<http://baltimore.cbslocal.com/2012/02/27/local-woman-shares-with-wjz-her-past-as-a-hoarder/>