



# *The Maryland Anxiety Center*

presents

## **Anxiety Problems in Youth: Understanding the Nature & Consequences of Anxiety & Making a Difference**

An informational session for those struggling with anxiety, as well as parents, teachers, therapists & anyone interested in learning more



### **Topics Addressed During This Session Include:**

What are anxiety & related disorders? • Prevalence • Common co-occurring disorders • Their impact on children, adolescents & loved ones • Related issues that may interfere in school (e.g. perfectionism, test anxiety) • Behavioral problems v. anxiety problems including school refusal • Treatment options & consequences of inadequate treatment • Helpful resources

Wednesday, September 21, 2016 at 7pm  
1122 Kenilworth Drive, 2<sup>nd</sup> Floor, Towson, Maryland  
Cost: \$25/person

*For More Information or to Register, Call (443) 921-2929*  
*Space is Limited*