# John J. Donahue, Psy.D.

## Curriculum Vitae

### **University Office**

Division of Applied Behavioral Sciences University of Baltimore Learning Commons 407 1420 North Charles St. Baltimore, MD 21201 Tel: (410) 837-5831 Email: jdonahue@ubalt.edu

### **Academic Appointments**

| Program Director, Certificate Program in Professional Counseling Studies,<br>Division of Applied Behavioral Sciences, University of Baltimore | 2016 – Present |
|---|----------------|
| Assistant Professor<br>Division of Applied Behavioral Sciences, University of Baltimore   | 2015 - Present |
| Education   |                |
| Doctorate in Clinical Psychology (Psy.D.)<br>La Salle University<br>Philadelphia, PA  | 2012           |
| Bachelor of Arts (B.A.): Psychology and Administration of Justice<br>Rutgers, the State University of New Jersey<br>New Brunswick, NJ         | 2003           |
| Professional Credentials  |                |
| Maryland Psychologist License #05653  | 2015 - Present |
| Research  |                |

\*Denotes student advisee/collaborator

Peer Reviewed Publications

\*Mejia, C., Donahue, J. J., & Farley, S. (2019). Mean, uncommitted, and aggressive: Divergent associations between triarchic psychopathy, elements of love, and caustic relationship behaviors. *Journal of Social and Personal Relationships*. Advance online publication doi: 10.1177/0265407519890414

<sup>\*</sup>Nowack, V., & Donahue, J. J. (2019). Outcomes associated with employee and organizational LGBT value discrepancies. *Psychology & Sexuality*. Advance online publication doi: 10.1080/19419899.2019.1673466

- \*Ceary, C., **Donahue, J. J.,** & Shaffer, K. (2019). The strength of pursuing your values: Valued living as a path to resilience. *Stress and Health*, *35*(4), 532-541.
- **Donahue, J. J.,** & Wright, T. W. (2019). Considering the emotional disorder construct in context. *Clinical Psychology: Science and Practice*, *26*(2), e12288.
- **Donahue, J. J.,** & Thompson, R. (2019). General and clinical personality assessment in workplace settings: Lines in the sand or regions on the beach? *Industrial and Organizational Psychology*, *12*, 190-194.
- **Donahue, J. J.** & Shrestha, S. (2019). Development and preliminary validation of a virtual realitybased measure of response inhibition under normal and stressful conditions. *Journal of Technology in Behavioral Science*, 4(3). 219-226.
- \*Singh, S. Farley, S., & **Donahue, J. J.** (2018). Grandiosity on display: Dimensions of narcissism and social media behaviors. *Personality and Individual Differences, 134,* 308-315.
- **Donahue, J. J.,** Santanello, A., Marsiglio, M. C., & Van Male, L. C. (2017). Acceptance and commitment therapy for anger dysregulation with military veterans: A pilot study. *Journal of Contemporary Psychotherapy*, 47(4), 233-241.
- **Donahue, J. J.,** \*Khan, H., \*Huggins, J., & \*Marrow, T. (2017). Posttraumatic stress symptom severity and functional impairment in a trauma-exposed sample: A preliminary examination into the moderating role of valued living. *Journal of Contextual Behavioral Science*, *6*(1), 13-20.
- **Donahue**, J. J. & Caraballo, L. (2015). Examining the triarchic model of psychopathy using revised reinforcement sensitivity theory. *Personality and Individual Differences*, 80, 125-130.
- **Donahue, J. J.,** Goranson, A. C., McClure, K. S., & Van Male, L. M. (2014). Emotion dysregulation, negative affect, and aggression: A moderated, multiple mediator analysis. *Personality and Individual Differences*, *70*, 23-28.
- **Donahue**, J. J. (2014). Coronary artery disease in offender populations: Incarceration as a risk factor and a point of intervention. *Journal of Correctional Health Care*, 20(4), 302-312.
- **Donahue, J. J.**, McClure, K. S., & Moon, S. M. (2014). The relationship between emotion regulation difficulties and psychopathic personality characteristics. *Personality Disorders: Theory, Research, and Treatment,* 5(2), 186-194. PMID: 24341861
- **Donahue**, J. J. (2009). Tobacco smoking among incarcerated individuals: A review of the nature of the problem and what is being done in response. *Journal of Offender Rehabilitation*, 48(7), 589-604.
- McClure, K. S., Halpern, J., Wolper, P. A., & **Donahue, J. J.** (2009). Emotion regulation and intellectual disability. *Journal on Developmental Disabilities, 15*(2), 38-44.

#### **Book Chapters**

- **Donahue, J. J.** (2019). Personality and anxiety. In V. Zeigler-Hill & T. K. Shackelford (Eds.), *Encyclopedia of Personality and Individual Differences*. Switzerland: Springer International Publishing.
- **Donahue, J. J.** (2017). The fight-flight-freeze system. In V. Zeigler-Hill & T. K. Shackelford (Eds.), *Encyclopedia of Personality and Individual Differences* (pp. 1-6). Switzerland: Springer International Publishing. DOI: 10.1007/978-3-319-28099-8\_751-1

#### Manuscripts under Review

- **Donahue, J. J.,** & \*Khan, H. (in review). *Clarifying associations between psychopathic traits, distress tolerance, and functions of aggression.*
- \*Callahan, K., \*Stori, S, & Donahue, J. J. (in review). Psychological inflexibility processes and nonsuicidal self-injury: Concurrent and prospective associations.

#### Manuscripts in Preparation

**Donahue, J. J.,** & Thompson, R. *Personality Inventory for DSM-5 (PID-5) assessment of borderline personality disorder: Concurrent and longitudinal associations with hypothesized core mechanisms.* Manuscript in preparation.

#### Scientific & Professional Presentations

- Thompson, R., & Donahue, J. J. (2020, June). Mental health predictors of workplace absences. In H. Baumann and L. Mechem Rosokha (chairs), Couples' work-family experiences: Exploring gender role dynamics. Symposium accepted at the annual Work and Family Researchers Network conference, New York, NY.
- **Donahue, J. J.,** \*Ismailova, D., \*Callahan, K., \*King, C., \*Birfer, N., \*Onyeukwu, U., ...\*Nowack, V. (2020, March). *Risky sexual behaviors and psychological flexibility processes in a community sample*. Paper accepted for presentation at the annual convention of the Eastern Psychological Association, Boston, MA.
- **Donahue, J. J.,** \*Stori, S., \*Callahan, K., \*Ismailova, D., & \*Humphreys, J. (2019, November). *Compassionately responding to anger: Associations between self-compassion, posttraumatic stress symptomology, and trauma-related anger.* Poster presented at the annual convention of the Association of Behavioral and Cognitive Therapies, Atlanta, GA.
- \*Callahan, K., **Donahue, J. J.,** & \*Stori, S. (2019, June). *Nonsuicidal self-injury and a multidimensional assessment of psychological flexibility: Concurrent and prospective associations.* Poster presented at the annual world conference of the Association for Contextual Behavioral Science, Dublin, Ireland.
- **Donahue, J. J.,** & \*Stori, S. (2019, March). *Examining posttraumatic stress symptomology within a multidimensional model of psychological flexibility*. Paper presented at the annual convention of the Eastern Psychological Association, New York, NY.
- **Donahue J. J.,** Thompson, R., & \*Callahan, K. (2018, July). *Longitudinal associations between psychological flexibility processes and suicidal ideation*. In J. J. Donahue (chair), *ACT processes in high risk populations*. Symposium conducted at the annual world conference of the Association for Contextual Behavioral Science, Montreal, Canada.
- \*Nowack, V. & **Donahue, J. J.** (2018, June). Sexual orientation and gender identity in the workplace: Outcomes associated with employee and organizational value discrepancies. Poster presented at the International LGBTQ Psychology Pre-Conference at the 29<sup>th</sup> International Conference of Applied Psychology, Montreal, CA.
- \*Ceary, C., **Donahue, J. J.,** & Shaffer, K. (2018, March). *The strength of pursuing your values: Valued living as a path to resilience.* Paper presented at the annual convention of the Eastern Psychological Association, Philadelphia, PA.
- Shrestha, S., Donahue, J. J., \*Griffin, K., & \*Shaul, S. (2017, November). Development and preliminary validation of a virtual reality-based measure of attentional control under stress. Poster presented at the annual convention of the Association of Behavioral and Cognitive Therapies, San Diego, CA.
- \*Nowack, V., & **Donahue, J. J.** (2017, November). Spirituality and cognitive fusion in relation to anxiety and depression: When is spirituality not protective? Poster presented at the annual convention of the Association of Behavioral and Cognitive Therapies, San Diego, CA.
- \*Shaul, S. & **Donahue, J. J.** (2017, October). *Examining Posttraumatic stress symptoms and aggression within a psychological flexibility model.* Poster presented at the regional conference of the Mid-Atlantic Chapter of the Association for Contextual Behavioral Science, Arlington, VA.
- **Donahue J. J.,** & Thompson, R. (2017, June). A prospective examination of processes influencing the relationship between borderline personality features and aggression: experiential avoidance and anger rumination as mediators. Paper presented at the annual world conference of the Association for Contextual Behavioral Science, Seville, Spain.
- **Donahue J. J.,** & \*Humphreys, J. (2017, June). *Dimensions of posttraumatic stress symptomology and suicidal ideation: The role of cognitive fusion*. Poster presented at the annual world conference of the Association for Contextual Behavioral Science, Seville, Spain.

- \*Singh, S., Farley, S., & **Donahue, J. J.** (2017, May). *Narcissistic behaviors and social media usage*. Poster presented at the annual convention of the Association for Psychological Science, Boston, MA.
- **Donahue, J. J.** & Thompson, R. (2017, March). *Dimensional assessment of borderline personality disorder: Further examining construct and criterion validity*. Paper presented at the annual convention of the Eastern Psychological Association, Boston, MA.
- \*Reichardt, S. Thompson, R., & **Donahue, J. J.** (2017, March). *Examining associations between borderline personality traits, anger rumination, and counterproductive work behaviors.* Poster presented at the annual convention of the Eastern Psychological Association, Boston, MA.
- \*Boyd, S. & **Donahue, J. J.** (2017, March). *Distress intolerance mediates the relationship between PTSD symptomology and reactive aggression*. Poster presented at the annual convention of the Eastern Psychological Association, Boston, MA.
- \*Khan, H., **Donahue, J. J.,** & \*Huggins, J. (2016, November). *Clarifying the link between psychopathy and reactive aggression in a trauma-exposed sample: Distress tolerance as a moderator.* Poster presented to the annual convention of the Association of Behavioral and Cognitive Therapies, New York, NY.
- **Donahue, J. J.** (2016, June). *Trauma, borderline personality disorder, and suicide*. Symposium discussant at the annual world conference of the Association for Contextual Behavioral Science, Seattle, WA.
- Grodin, J., Donahue, J. J., Wagner, A., Walser, R., & Clark, J. (2016, June). Using contextual behavioral science to address treatment barriers among trauma-exposed veterans. Panel discussion presented at the annual world conference of the Association for Contextual Behavioral Science, Seattle, WA.
- **Donahue, J. J.,** \*Huggins, J., & \*Khan, H. (2016, June). *PTSD symptom severity and functional impairment: The moderating role of valued living.* Poster presented at the annual world conference of the Association for Contextual Behavioral Science, Seattle, WA.
- **Donahue, J. J.,** Santanello, A., Marsiglio, M. C., & Van Male, L. C. (2016, June). A pilot study of acceptance and commitment therapy for anger dysregulation among trauma-exposed military veterans. Poster presented at the annual world conference of the Association for Contextual Behavioral Science, Seattle, WA.
- \*Khan, H., \*Huggins, J., & **Donahue, J. J.** (2016, April). *The main and interactive effects of distress tolerance and psychopathy on aggression: Preliminary findings from an ongoing study.* Paper presented at the annual Morgan State University Undergraduate and Graduate Science Research Symposium, Baltimore, MD.
- \*Khan, H., \*Abulfaraj, G., & **Donahue, J. J.** (2015, November). Construct validation of the Jackson 5 measure of revised reinforcement sensitivity theory: Evidence for poor convergent and discriminant validity of the BIS scale. Poster presented at the annual convention of the Association for Behavioral and Cognitive Therapies, Chicago, IL.
- **Donahue, J. J.** (2014, August). *Clinical and demographic characteristics of veterans presenting for the treatment of problem anger: The role of experiential avoidance.* In A. C. Goranson (Chair), *Veterans and violence myths, realities, and innovations.* Symposium conducted at the annual convention of the American Psychological Association, Washington, DC.
- **Donahue, J. J.,** Goranson, A., McClure, K. S., & Van Male, L. M. (2013, November). *The role of emotion dysregulation in the relationship between negative affect and aggression: A multiple mediator analysis.* Poster presented at the annual convention of the Association for Behavioral and Cognitive Therapies, Nashville, TN.
- Caraballo, L., McClure, K., & Donahue, J. J. (2013, November). A replication and expansion study of the relationship between psychopathic personality features, risky sexual behavior, and gender. Poster presented at the annual convention of the Association for Behavioral and Cognitive Therapies, Nashville, TN.

- **Donahue, J. J.,** McClure, K. S., & Caraballo, L. (2012, March). *An empirical examination of the relationship between emotion dysregulation and the two-factor model of psychopathy.* Poster presented at the annual convention of the American Psychology - Law Society (Division 41 of APA), San Juan, Puerto Rico.
- **Donahue, J. J.,** & Moon, S. (2010, November). *The two-factor model of psychopathy in a female sample: Examining divergent associations with cognitive reappraisal and expressive suppression.* Poster presented at the annual convention of the Association for Behavioral and Cognitive Therapies, San Francisco, CA.
- **Donahue, J. J.,** Popick, V., Catella, S., Saxton, V., Hertzbach, R., & Spokas, M. (2010, November). *Childhood emotional abuse and current quality of life: Examining the mediating role of emotional nonacceptance.* Poster presented at the annual convention of the Association for Behavioral and Cognitive Therapies, San Francisco, CA.
- McClure, K. S., **Donahue, J. J.,** Endres, M., Trunzo, J., Samter, W., & Morse, C. (2010, November). *An investigation into the relationship between emotion regulation and social problem solving*. Poster presented at the annual convention of the Association for Behavioral and Cognitive Therapies, San Francisco, CA.
- **Donahue, J.**, Catella, S., Ruvo, J., Dettore, M., Peters, N., Gardner, F. L., & Moore, Z. (2009, November). *The relationship between affective-motivation systems, emotion dysregulation, anger-in and anger-out in court mandated violent offenders.* Poster presented at the annual convention of the Association for Behavioral and Cognitive Therapies, New York, NY.
- Saxton, V., **Donahue, J.**, Wright, T., Sauers, L., Alm, T., & Moon, S. (2009, November). *Exploring the relationship between mindfulness and emotional intelligence abilities*. Poster presented at the annual convention of the Association for Behavioral and Cognitive Therapies, New York, NY.
- Gomez, D. M., McClure, K., Block-Lerner, J., Ronkowski, F., **Donahue, J.**, Dettore, M. M. (2008, November). *The development and initial validation of a vignette measure of mindfulness*. Poster presented at the annual convention of the Association for Behavioral and Cognitive Therapies, Orlando, Fl.
- Greene-Burley, L. T., Donahue, J., Naftz, A., & Gardner, F. L. (2008, November). Anger in a clinical sample: Differences between African American and Caucasian males in trait, state, and expression as measured by the STAXI-2. Poster presented at the annual convention of the Association for Behavioral and Cognitive Therapies, Orlando, Fl.
- Greene-Burley, L. T., Naftz, A., **Donahue, J.,** & Gardner, F. L. (2008, November). *Anger and mistrust in a clinical sample: Do differences exist between African American and Caucasian men?* Poster presented at the annual convention of the Association for Behavioral and Cognitive Therapies, Orlando, Fl.

#### Presentations at University of Baltimore

- **Donahue. J. J.** (2020, February). *The application of virtual reality in clinical psychology assessment.* Paper presented at the University of Baltimore's 2020 Research Engagement Day: REDTalks, Baltimore, MD.
- **Donahue. J. J.** (2018, February). *The psychological flexibility model of psychopathology*. Paper presented at the University of Baltimore's 2018 Research Engagement Day: REDTalks, Baltimore, MD.
- **Donahue. J. J.** (2017, February). *Having a thought vs. buying a thought: The moderating role of cognitive fusion in predicting suicidality in a trauma-exposed sample.* Paper presented at the University of Baltimore's 2017 Research Engagement Day: REDTalks, Baltimore, MD.
- **Donahue. J. J.** (2016, February). *Embracing pain in the service of your values: Implications for mental health.* Paper presented at the University of Baltimore's 2016 Research Engagement Day: REDTalks, Baltimore, MD.

- Kang, N., Kopelke, P., & Donahue, J. J. (2015, October). Faculty collaboration for integrative learning. Roundtable presented at the University of Baltimore's 4<sup>th</sup> Annual Fall Teaching & Learning Day, Baltimore, MD.
- **Donahue, J. J.** (2015, March). *Emotion dysregulation and aggression: Preliminary data and an agenda for research.* Paper presented at the University of Baltimore's Yale Gordon College of Arts and Sciences Faculty Scholarship Day, Baltimore, MD.

### Quality Assurance/Quality Improvement Research

Van Male, L. M., Goranson, A. C., Marsiglio, M. & Donahue, J. J. (2013, March). Veteran affairs handgun incidents during fiscal years 2011 and 2012: Preliminary findings from a clinical review of subjects. Presented to Veterans Health Administration Central Office Safety and Security Work Group, Washington, D.C.

### Non-Peer Reviewed Publications

- **Donahue, J. J.** (2020). Valued living: The benefits of striving for meaning rather than happiness. *Aeon. https://aeon.co/ideas/its-better-to-focus-on-where-you-are-going-than-how-you-are-feeling*
- Eustace, B., & **Donahue**, J. J. (2019). Bringing evidence-based processes into the therapy room: One clinic's approach. *Counseling Today*, 61(12), 42-45.

#### **Teaching Experience**

#### **Primary Instructor:**

University of Baltimore

PSYC 100: Introduction to Psychology

LC5: The Mind, the Word, and World: A PSYC100/ENG 250 Learning Community

PSYC 345: Cognitive Psychology

PSYC 335: Theories of Personality

PSYC 497: Special Topics in Psychology: Clinical Psychology

APPL 603: Learning and Cognition

APPL 606: Basic Counseling Techniques (co-taught)

APPL 608: Applied Psychological Assessment

APPL 610: Psychopathology and Diagnosis

APPL 616: Advanced Treatment Techniques (co-taught)

APPL 632: Research Methods

APPL 662: Treatment of Trauma

APPL 663: Treatment of Depressive Disorders

APPL 666: Treatment of Anxiety Disorders

APPL 703/708: Practicum/Internship Seminar

#### La Salle University

PSY 155: Introductory Psychology PSY 350: Principles and Theories of Counseling PSY 425: Theories of Personality

**Teaching Assistant:** 

La Salle University

PSY 701: Clinical Interviewing - Spring 2011 PSY 710: Psychological Assessment IV: Integrative Batteries - Summer 2010

### **Guest Lecturer:**

Oregon Health & Science University PGY-3 Psychiatry Residency Seminar Series (2013)

- Developing a Relationship that Fosters Hope in CBT
- CBT for Intrusive Thoughts
- An Introduction to Mindfulness in CBT
- CBT for Bipolar Disorder
- Behavioral Interventions in CBT

Oregon Health & Science University PGY-2 Psychiatry Residency Seminar Series (2013)

- Research on Psychotherapy Effectiveness
- Evidence-Based Treatment in Psychotherapy

Cooper University Hospital Psychiatry Residency Seminar Series (2011)

• Acceptance and Commitment Therapy: An Overview

La Salle University, PSY 730: Psychological Assessment II: Personality & Behavioral Assessment - Objective Approaches (2009)

• Psychopathy, Antisocial Personality Disorder, and Self-Report Assessment

### Portland VA Medical Center – Workplace Violence Prevention Program (WVPP)

Faculty Member for Quarterly WVPP Mini-Residency for VA Staff

Seminars Taught:

Urwyler, C., & **Donahue, J. J.** *Measuring Violence Risk and Protective Factors.* February 2013; April 2013; July 2013; February 2014; April 2014; Goranson, A., & **Donahue, J. J.** *The Legend of Tarasoff: Dangerousness and Therapist Duties to Third Parties.* February 2013; April 2013; July 2013; February 2014; April 2014;

### Service

| Ad Hoc Reviewer   |                |
|---|----------------|
| Journal of Clinical Psychology  |                |
| Clinical Psychology: Science & Practice                                 |                |
| Journal of Contextual Behavioral Science                                |                |
| Journal of Contemporary Psychotherapy                                   |                |
| International Journal of Offender Therapy and Comparative Criminology   | ogy            |
| Violence & Victims  |                |
| Journal of Clinical and Experimental Neuropsychology                    |                |
| Personality and Individual Differences                                  |                |
| Journal of Forensic Psychology & Psychiatry                             |                |
| Journal of Personality Assessment                                       |                |
| SpringerPlus  |                |
| International Journal of Stress Management                              |                |
| Assessment  |                |
| External Grant Reviewer – University of Ottawa Medical Research Fund    | 2014           |
| Text Reviewer – Pearson Higher Education                                | 2015-2016      |
| Text: Personality Psychology: Understanding Yourself and Others         |                |
| Member, Graduate Curriculum Committee, University of Baltimore          | 2019 - Present |
| Member, Clinical Case Manager Search Committee, University of Baltimore | 2019           |
| Member, ABS Faculty Search Committee, University of Baltimore           | 2017, 2018     |
| Member, ABS Wagman Lab Committee  | 2016 - Present |
| Member, Leadership Committee, Forensic Issues & Externalizing           | 2016 - Present |

| Behaviors Special Interest Group (ABCT)                             |                |
|---|----------------|
| Member, Institutional Review Board, University of Baltimore         | 2015 - Present |
| Member, ABS Counseling Committee, University of Baltimore           | 2015 - Present |
| Member, Veterans Advisory Council, University of Baltimore          | 2015 - 2016    |
| Postdoctoral Representative, Psychology Training Committee, PVAMC   | 2013 - 2014    |
| Member, Multicultural and Diversity Committee, PVAMC                | 2013 - 2014    |
| Member, Disruptive Behavior Board, PVAMC                            | 2012 - 2014    |
| Member, Employee Threat Assessment Team, PVAMC                      | 2012 - 2014    |
| Clinical Chief Extern, Anger Regulation Clinic, La Salle University | 2010 - 2011    |
| Community Center for Counseling and Psychological Services          |                |
| Clinical Chief Extern, Step Up Program, La Salle University         | 2010 - 2011    |
| Community Center for Counseling and Psychological Services          |                |
|   |                |

#### **Certificates**

| Oregon Health & Science University – Certificate in Human Investigations | 2015 |
|--|------|
| Cognitive Processing Therapy (CPT) VA National Provider                  | 2014 |
| VA Tele-mental Health Provider   | 2013 |
| Monarch 21 Penile Plethysmograph (certified clinician)                   | 2008 |

### **Student Guidance and Supervision**

| Master's Thesis Advisor   |             |
|---|-------------|
| Chris Ceary   | 2016 - 2017 |
| Thesis: The strength of pursuing your values: Valued living as a path to resilience | ce.         |

| Research Practicum Supervisor |      |
|-------------------------------|------|
| Katie Callahan                | 2018 |
| Viktor Nowack                 | 2018 |
| Stephen Shaul                 | 2017 |
|                               |      |

### Awards by Student Advisees

\*Denotes student advisee/collaborator

2017 – Regional Conference of the Mid-Atlantic Chapter of the Association for Contextual Behavioral Science – Best Poster Award

Poster: \*Shaul, S. & Donahue, J. J. (2017, October). *Examining Posttraumatic stress symptoms and aggression within a psychological flexibility model.* 

2016 – 23<sup>rd</sup> Annual Morgan State University Undergraduate and Graduate Student Research Symposium – Outstanding Oral Presentation in Psychology

Paper: \*Khan, H. (Presenter and Award Winner), \*Huggins, J., & **Donahue, J. J.** (2016, April). *The main and interactive effects of distress tolerance and psychopathy on aggression: Preliminary findings from an ongoing study.* 

### **Awards and Grants**

2018 - Yale Gordon College of Arts and Sciences Summer Research Grant (\$2000.00)

- 2017 Yale Gordon College of Arts and Sciences Summer Research Grant (\$1729.30)
- 2016 Yale Gordon College of Arts and Sciences Summer Research Grant (\$1050.00)

2015 - Yale Gordon College of Arts and Sciences Summer Research Grant (\$860.00)

- 2011 Philadelphia Behavior Therapy Association Student Poster Award (\$150.00)
- 2010 American Psychology Law Society (Div. 41) Grants-in-Aid Award for Graduate Student Research (\$750.00)
- 2009 Pennsylvania Psychological Association Ethics Committee The Patricia M. Bricklin Student Ethics Award (\$500.00)
   Paper: The Ethical Considerations of Psychologist Assistance in Military Interrogation of Detainees: Ticking Time Bomb or Slippery Slope?

### **Professional Workshops and Invited Presentations**

- **Donahue, J. J.** (2019, March). *The Psychological Flexibility Model of Mental Disorders*. Invited presentation at The Community College of Baltimore County (CCBC), sponsored by the CCBC Psychology Club, Catonsville, MD.
- **Donahue, J. J.** (2016, March). *Developments in the Understanding and Treatment of Posttraumatic Stress Disorder*. Invited presentation at Community College of Baltimore County (CCBC), sponsored by CCBC Student Life, Student Veterans Association, and the Behavioral Sciences Department, Dundalk, MD.
- **Donahue, J. J.** (2014, February). Acceptance and Commitment Therapy (ACT) for Anger and Aggression: Treatment Overview and Preliminary Pilot Data. Presented at the VISN 20 NW Mental Illness Research, Education and Clinical Center (MIRECC), Portland VA Medical Center: 'NW MIRECC Presents' Training Series, Portland, OR.
- **Donahue, J. J.**, & Van Male, L. (2013, June). *Violence Risk Assessment in Context*. Workshop presented at the Department of Veterans Affairs, Veterans Justice Outreach Program: Insuring VA Access for Justice Involved Veterans, Charlotte, NC.
- **Donahue, J. J.** (2013, April). *Emotion Dysregulation and Aggression: Empirical Evidence and Implications for Practice.* Presented at the VISN 20 NW Mental Illness Research, Education and Clinical Center (MIRECC), Portland VA Medical Center: 'NW MIRECC Presents' Training Series, Portland, OR.
- **Donahue, J. J.,** & Goranson, A. (2013, April). *Violence and Mental Illness: Myths, Realities, and Consequences to Health Care Providers.* Presented at the Oregon Health & Science University, Psychiatry Residency Spring Retreat, Portland, OR.
- Brodie, A., Donahue, J. J., Drummond, D., Fletcher, J., Gasster, D., Goranson, A., & Van Male, L. (2013, March). Workplace violence prevention: Healthcare as a comprehensive model. Workshop presented at the annual Oregon Governor's Safety & Health Conference, Portland, OR.
- **Donahue, J. J.** (2013, January). *Moving beyond Appendix I's Glossary of Culture-Bound Syndromes: Cultural Issues and DSM 5.* Presented at the Portland VA Medical Center Psychology Didactic Seminar Series, Portland, OR.
- **Donahue, J. J.** (Monthly from 2009, November 2010, April). *Myths of Major Mental Illness*. Presented at Volunteers of America, New Employee Training Series, Philadelphia, PA.
- McClure, K. S., **Donahue, J.**, Patel, H. (2009, May). *Caregiver problem-solving 101: Strategies for solving daily problems*. Workshop presented at the annual convention of the Philadelphia Regional Conference on Developmental Disabilities, Philadelphia, PA.

#### Media Appearances

June 2018 – Interviewed for the WYPR program, Life in the Balance

#### **Professional and Scientific Affiliations**

Association for Behavioral and Cognitive Therapies Association for Psychological Science Association for Contextual Behavioral Science Society for a Science of Clinical Psychology

### **Clinical Experience**

### **Private Practice**

**Clinical Psychologist** 2020-Present The Maryland Anxiety Center: Center for the Treatment of Anxiety and Related Disorders Towson. MD 2018-2020 **Clinical Psychologist** Congruent Counseling Services, LLC Columbia, MD Post-Doctoral Fellowship in Clinical Psychology Clinical Psychology Postdoctoral Fellow 2012-2014 **Advanced Fellowship Program in Mental Illness Research and Treatment** VISN 20 NW Mental Illness Research, Education, and Clinical Center **Portland VA Medical Center** Portland, OR Clinical and Research Emphasis Areas: Posttraumatic Stress Disorder, Emotion Dysregulation, and the Prevention and Management of Disruptive Behavior Supervisors: Lynn Van Male, Ph.D.; Jed Grodin, Ph.D. Director of Clinical Training: Elizabeth Goy, Ph.D. APA-Accredited Pre-Doctoral Clinical Internship Pre-Doctoral Psychology Intern 2011-2012 **Federal Bureau of Prisons** 

 Federal Medical Center - Devens

 Ayer, MA
 Major Rotations:

 Forensic Evaluation (Supervisor: Shawn Channell, Ph.D., ABPP)
 Severe & Persistent Mental Illness Treatment (Supervisor: Lindsay Olden, Psy.D.)

 Minor Rotations:
 Residential Sexual Offender Treatment Program (Supervisor: Bruce Loding, Ph.D.)

 General Population/Drug Abuse Programming (Supervisor: Susan Bates, Ed.D.)

 Director of Clinical Training: Diana Schoeller, Psy.D.

### Formal Practica Training

**Philadelphia VA Medical Center Victor Saracini Outpatient Clinic** Horsham, PA 2010-2011

| Supervisor:  | Carin Lefkowitz, Psy.D.   |           |  |
|--|---|-----------|--|
| Philadelphia, PA   |   | 2009-2010 |  |
| Supervisor:  | Edward Maitz, Ph.D., ABPP   |           |  |
|  | rsity Anger Regulation Clinic<br>rsity, Philadelphia, PA<br>Stephanie Mattei, Psy.D.  | 2009-2011 |  |
| <b>The Step Up P</b><br>La Salle Univer<br>Supervisor:                   | rogram<br>sity, Philadelphia, PA<br>Kelly McClure, Ph.D.  | 2008-2011 |  |
| La Salle Univer  | <b>rsity Evaluation and Assessment Program</b><br>rsity, Philadelphia, PA<br>Andrew Wolanin, Psy.D.                                 | 2008-2009 |  |
| Additional Cli   | inical Experiences  |           |  |
| University of Po   | rviewer<br>• <b>Psychotherapy Research</b><br>ennsylvania, Philadelphia, Pennsylvania<br>tigator: Mary Beth Connolly Gibbons, Ph.D. | 2010-2011 |  |
| Assessment Cor<br><b>The Step Up P</b><br>La Salle Univer<br>Supervisor: |   | 2008-2011 |  |
| La Salle Univer  | <u>t</u><br>enter for Counseling and Psychological Services<br>rsity, Philadelphia, PA<br>Andrew Wolanin, Psy.D.                    | 2007-2008 |  |
| Other Work Experience  |   |           |  |
| Probation Offic<br>State of New Jo<br>Camden, NJ<br>Supervisors:         | <u>er</u><br>ersey, Branch of the Judiciary<br>Harry Carr; Hon. Louis Hornstine, J.S.C.   | 2004-2007 |  |